God in that inner domain of the spirit where He is in charge. There He is free to accomplish more and more of His perfect purposes without the interference of our independence, self-effort, or harried hurry.

# The Flesh Seeks To Live On

The great deterrent to living in the golden secret is our unwillingness to die so our spirits may vibrate with the life of God. Apart from this effort of our independent selves to live on, dwelling in God in peace would be spontaneous and virtually effortless. Instead, we wander so unnecessarily alone.

However, we find restoration in the reality that Christ is in us, our life and all, and we are in Him, where we can rest contentedly at home, receiving His all-sufficient supply. In using this golden key, we turn in our spirits from ourselves and our circumstances to God.

Now, this may seem a strange way to follow the biblical advice to resist the devil and he will flee from you (James 4:7). But if we haven't yet learned that it's not really we who can effectively resist the devil, only He, we surely must. He acts on our behalf when we meekly, quietly trust in Him alone. He is our defense and our shield.

# Cry Abba, Father

"As many as are led by the Spirit of God, these are the sons of God. For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, Abba, Father" Romans 8:14-15

For this practice of using the golden key to become increasingly the habit of our lives, we need to be willing to respond to His call of Father-love enough to slow down and turn to Him repeatedly in quiet meekness of spirit. We need to let the Lord make us increasingly willing to forgo that which is neither His nor Him. We must allow Him to exchange fear for faith, dissolve mistrust into glad confidence, transform aggravation into gratitude. We must wait in growing quietness, meekness, and patience for His love to have its perfect work until our hearts begin spontaneously to cry, "Father!" Surely for all the eternal benefit to be gained, this is a slight effort indeed.

# Slow Down!

Many of us have lived all our lives in a hurry. To get anything done, or to do it well, I've had to put myself under pressure, or so I thought. I've had to really work at my work. Too often I felt the pressure in contrast to the peace that is my right from God.

To live in the golden secret of peace and rest in the Lord, we must slow down. To use the golden key requires that we take time throughout the day to commune quietly with Him, to have our hearts tuned to Him.

Unfortunately, our first response to everything is to try harder. This simply does not work with spiritual matters or in using the golden key. Instead of trying harder, the first response in every circumstance needs to be just to stop our struggling and striving.

When you stop and step back, you are able to turn your heart to the Lord in quietness and peace and relinquish everything to Him. Recall that Christ is in you, your hope of glory. Remember that you are in Him where you can always rest at home receiving His sufficient supply for all things. Withdraw then, whenever possible, in quietness from the earthly things to rest meekly and peacefully content in Him.

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By: Pastor Ron Marr

"For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace." Romans 8:5-6

"Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid." John 14:27

"Now may the LORD of peace Himself give you peace always in every way. The LORD be with you all." 2 Thessalonians 3:16

"Now may the God of peace Himself sanctify you completely." 1 Thessalonians 5:23

For every child of God, a golden key exists that can open the door to the golden secret of living in the Lord in rest and peace.

# The Key

Remember that Christ is in you, your hope of glory. Remember that you are in Him where you can always rest, receiving His sufficient supply for all things. Withdraw in quietness from the outward, external things to rest meekly in Him. Let go of everything into His control. Whenever possible, allow your spirit to be drawn by Him into His peace. The key to unlocking the door to restful living is simply turning again and again to Christ.

#### Always Aim to Abide

The golden secret is constant residing and abiding in the Lord Himself in rest and peace. Let's always remember this ultimate objective. Let's not aim for anything less, no matter how short of it we may constantly seem to fall. If we could but remain peacefully at home in the Lord, we could always respond tranquilly to Him and to everything else, whether eternal and spiritual, or temporal and physical.

Yet, just because we don't always remain in His rest, the golden key is necessary. Far better would we be if we remained constantly, confidently abiding in the Lord and His love in rest and peace, receiving always of His life. But since we don't, we must return to our resting place in Him just as often and as quickly as we recognize that we've wandered.

### Using the Key

Whether in your prayer closet, your car, office, garden, or kitchen, you can withdraw in quietness from things outward to rest contentedly in Him. Your heart simply abandons whatever has been occupying its self-centered attention to come quietly and meekly to God in your spirit to rest unresistingly in Him there. Just relinquish whatever has captured your attention that is neither God nor of Him.

You find yourself being drawn tranquilly to Him. He is the author of the quietness into which you are drawn. He is the author of the peace you find there.

You remain peacefully and quietly in Him as you remain in loving resignation to Him. Any self-seeking or resentment toward God, people, or your circumstances will return you to that outward realm of confusion and distress, as will failure to let go of everything to Him.

As you abide in a spirit of loving resignation to Him, an attitude of tender receptivity and expectancy toward your Lord of love will grow in your heart. You become more sensitive, loving, and pliable in His hands. His Spirit is able to accomplish in your spirit something more of what He wants, whatever its character may be. Beautifully, He does it with no real effort on your part as you rest trustingly in Him!

Learning to walk with God is in this respect very much like learning to walk physically. Whether we're one or ninety-one, walking is just picking one foot up and putting it down ahead of the other, and repeating that procedure again and again. We must keep at it no matter how often we fall. In our Christian walk, we want to get there by just picking our foot up and putting it down once, as it were. Doing it again and again is too tedious for our liking. Then we wonder why we fail.

# **Emotions, Intellect, and Spirit**

Some might mistakenly think of this way of coming to the Lord in peace as an exercise of the emotions. To use this golden key to the golden secret properly doesn't depend on the emotions. The rest and peace we seek to live in is not so much a feeling as the absence of unnecessary stress. However, don't seek peace, but the God of peace. He alone can replace the idols that enslave us to stress and distress.

The golden key can be used by faith without feelings

as an entrance to living and walking with God in our inner man. We may abide, remain, rest in Christ just as much when we have no particular feelings as when we do. We may find the greatest benefit from simply recognizing that we are in Christ, as He is in us, and resting in the reality of it, just because God says it's so.

Both emotionalism and intellectualism open us to delusion. So does any way we leave God out of the central place of our hearts.

Do you remember our goal? The Lord is the desire of your heart, the focus of your attention, the object of your love. Him we worship and adore. To Him we offer loving resignation and tender receptivity. To Him we withdraw from things outward and find rest for our spirits.

The only safe road to God is the road of humility, meekness, and need before His infinite perfection and holiness. This is the road we must take.

# A New Mind

Please believe me, my friend. You can't work up a desire for God adequate to lead you to walk in Him and His peace. You can't simply make new demands on yourself that this time you will use the golden key to enter the realm of the golden secret. This is not a trick or gimmick to allow the self-centered to gain their way into the inner sanctum.

A new mind is required, the mind of Christ, that seeks harmony with God above all else. Only God can give us this inner desire for Him and for harmony with Him. The calmness, the openness of heart and of countenance that we have discussed doesn't stem from some action of our minds, emotions, or wills. Instead, God's work in our hearts and spirits settles as a quiet waiting on