oughly furnished unto all good works." (2 Timothy 3:13-17)

Paul tells Timothy to continue in the things he has learned from the Holy Scriptures and become convinced of. The battle for steadfastness of faith is waged in our minds. Paul instructs Timothy where to go to be victorious over the coming deceivers... the Bible!

Our helmet of salvation will hold fast and be secure as we delve into the Bible. Peter says it this way...

"Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;"

(1 Peter 1:13)

We must have a good and solid helmet. This comes through Jesus Christ and not neglecting the great salvation He has provided for us. We must guard our minds and be very cautious about what we allow to take up time there.

Satan sets out to deceive us and Jesus warned His personally trained disciples about deception in regards to the end times...

"And Jesus answered and said unto them, Take heed that no man deceive you." (Matthew 24:4)

We can only protect ourselves from deception by immersing ourselves in the Word of God!

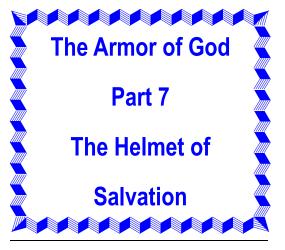
Conclusions

We must completely trust in our Lord Jesus Christ and His salvation. We must trust the Holy Spirit to lead us into all truth. And we must diligently seek God's truth from God's Word... He will keep us and protect us!

"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth." (2 Timothy 2:15)

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By: Robert W. Dallmann

"And take the helmet of salvation..." (Ephesians 6:17)

Other Bible References

"For he put on righteousness as a breastplate, and an helmet of salvation upon his head; and he put on the garments of vengeance for clothing, and was clad with zeal as a cloak."

(Isaiah 59:17)

THE ARMOR OF GOD - THE HELMET OF SALVATION

"But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation." (1 Thessalonians 5:8)

"And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus." (2 Timothy 3:15)

The Armor of the Roman Soldier

It can be easily argued that the Romans had the finest head protection of the day. Some of the helmets used by other nations were made of cloth or animal hides and others were made of animal bones, hooves or other "hard" materials.

The Roman helmet could have been made of cast bronze for soldiers and/or an iron alloy for officers. These helmets were normally lined with softened leather to provide comfort and a good fit. Such helmets included chin straps to further secure the head protection, as well as a visor. They also extended down to cover the back and sides of the neck; thus giving protection to sensitive attack points.

These helmets often included a ridge on top so that some type of plumage or brush could be attached to identify an officer's rank. High ranking officers often had gold and/or silver alloy helmets for parades and ceremonies.

Spiritual Applications

Obviously, a well-designed, perfectly fitted, helmet is critical in warfare. It is the same in spiritual warfare.

Our minds present an area of great struggle. The enemy uses logic, secular wisdom, emotions, doubts, etc. to sway our convictions away from God's Word. We need a well grounded understanding of our salvation to keep our minds protected.

'How shall we escape, if we neglect so great salvation; which at the first began to be spo-

ken by the Lord, and was confirmed unto us by them that heard him;" (Hebrews 2:3)

The author of Hebrews stresses the importance of giving heed to our salvation. He says to believers, "How shall we escape..." This is spiritual warfare.

It is critical to dig into the Bible to strengthen our helmet with the truth of our great salvation. There is more to it than a one-time prayer.

"But evil men and seducers shall wax worse and worse, deceiving, and being deceived. (14) But continue thou in the things which thou hast learned and hast been assured of, knowing of whom thou hast learned them; (15) And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus. (16) All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: (17) That the man of God may be perfect, thor-